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Tours et détours dans les Parcs naturels régionaux de Provence-Alpes-Côte d'Azur

# The bulls and the vine bath by bike

Arles





Cyclistes sur le chemin de Palun Longue (©Marjorie Mercier - PNR Camargue)

# On the path of the pilgrims to Santiago de Compostela, go in search of the many testimonies of agricultural life...

On the way to Saint Jacques de Compostela, surrounded by landscapes shaped by the hand of winegrowers, Camargue bulls accompany you along the paths unveiling the vineyards of the Pays d'Arles. A stroll in the heart of the Camargue terroir and rural heritage!

#### **Useful information**

Practice: BIKE

Duration: 4 h

Length: 30.3 km

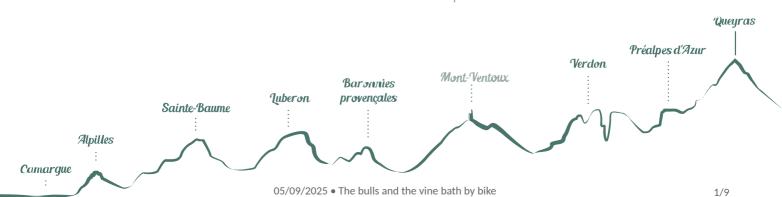
Trek ascent: 24 m

Difficulty: Easy

Type: Boucle

Themes: Farming and pastoralism, Heritage and history, Local products

Accessibility: Hybrid bike



### **Trek**

Departure: Tourist Office, Arles

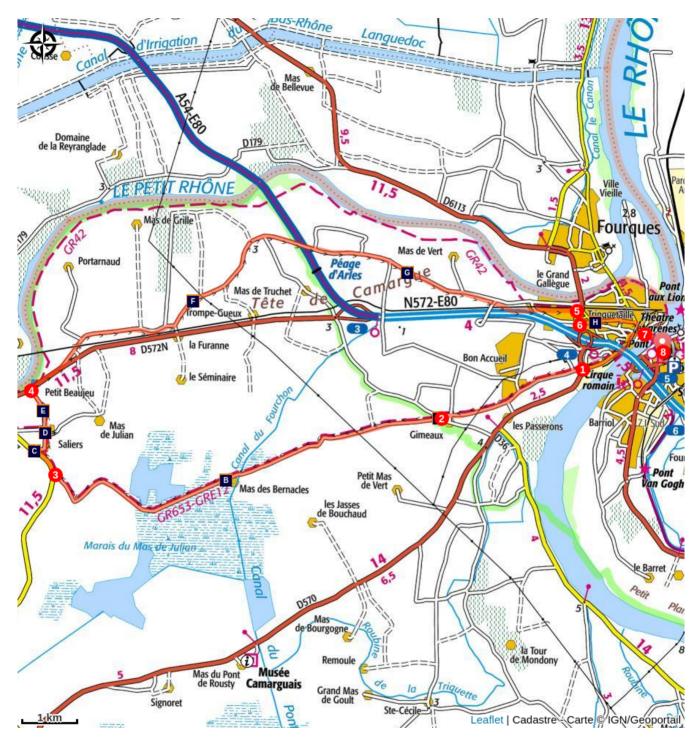
Arrival : Arles

Markings : ☐ GR® Vélo

From the Tourist Office, turn left on Boulevard des Lices then turn right on Gambetta street towards Trinquetaille. Cross the Rhône and continue towards Saintes-Maries-de-la-Mer.

- 1- At the roundabout, take the C108 direction Gimeaux.
- 2- Turn left after the arena and follow the C113 "Palunlongue path".
- **3-** At the crossroads of the D37, turn right for 500 m then turn right on the C118 road to the Saliers hamlet.
- **4-** At the junction of the D572, turn right towards Arles for 500 m. Take on the left the road from Cazeneuve to Rigaudon.
- 5- At the old railway line, take the road opposite.
- **6-** At the junction, cross the railway and take the VC105 "Chemin des Prêcheurs" on the right. At the stop turn right.
- **7-** At the stop, turn left on the old road to Saint-Gilles, direction Trinquetaille.

# On your path...



- The wooden arenas of Gimeaux (A)
- d PDO bull meat from Camargue (C)
- The Guardian Hut (E)
- The Pays d'Arles wine (G)

- The bull of Camargue (B)
- The Saliers village and his Templiers (D)
- The old Bühler cellars and winegrowing in the Camargue (F)
- The road of Santiago de Compostela. (H)

## All useful information



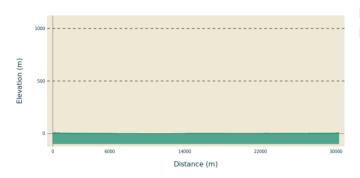
#### **Advices**

At the intersection of the D572, dangerous road, caution!

Respect the rules of the road on roads open to public traffic.

On the old road of Saint-Gilles, attention, dangerous road!

#### **Altimetric profile**



Min elevation 0 m Max elevation 11 m

#### **Access**

#### Departure from the Arles Tourist Office located boulevard des Lices.

#### **Advised parking**

Stationnement gratuit Boulevard Emile Zola, Arles

#### *i* Information desks

OT Arles



9 Boulevard des Lices, 13200 Arles ot-arles@arlestourisme.com Tel: +33 (0)4 90 18 41 20 http://www.arlestourisme.com/fr/

the Camargue museum
Mas du pont de rousty, 13200 Arles
info@parc-camargue.fr

Tel: +33 (0)4 90 97 10 40 http://www.parc-camargue.fr/

## On your path...



#### The wooden arenas of Gimeaux (A)

6 km from Arles is Gimeaux, a small Camargue village where fighting bulls are parked in corrales before the bullfights. Generally attached to the arena, these corrals are located in Nimes and Arles, located outside the city. Bulls can be seen by visitors and aficionados (bullfighting enthusiasts) before the show. They are then brought by truck to the toril, a room adjoining the arena where the bulls are locked before the start of the race or corrida.

Attribution: ©Julien Faure - PNR Camargue



## The bull of Camargue (B)

The bull of Camargue, also called bull of Raço di Bioù, is slender and fiery. It sports beautiful horns shaped lyres. Its breeding is mainly intended for the Camargue race, also called race "with the cockade". It can also be admired during ferrades, during which the anouble, a young bull of one year, is separated from the herd to be affixed a fire brand. His Spanish counterpart is for bullfighting, which is a true Iberian tradition.

Attribution: ©Julien Faure - PNR Camargue



## ☑ PDO bull meat from Camargue (C)

In 1996, bull meat was the first red meat to obtain the Appellation d'Origine Contrôlée (AOC). It gets the Protected Designation of Origin in 2011. In addition to the delimitation of a strict geographical area where the animal must be born, bred and slaughtered, the farms must meet specifications that impose in particular the exclusivity of breeds of Biòu and Combat and the practice of extensive breeding. Bullfighting in the Camargue is mainly for bull games.

Attribution: @Marion Fauvel - PNR Camargue



## The Saliers village and his Templiers (D)

The name of Saliers (Salliers) comes from the fact that the village was a deposit of salt until 1246. A second etymological hypothesis is based on a Provençal derivative: salo (room, then house, castle). In the Middle Ages, Saliers is one of the largest agricultural estates in the Camargue. Particularly fertile, the whole area was covered with wheat fields, meadows, fruit trees. At this time, les Templiers, then les Hospitaliers de Saint-Jean-de-Jérusalem are the lords.

Attribution: ©Chloé Scannapiéco - PNR Camargue



#### The Guardian Hut (E)

Traditional home of guardians of Camargue, the hut has whitewashed walls and a roof of sagne (reeds marshes). The architecture of these cabins is original: straight walls on all sides except the one exposed to the mistral (north-west) which is in apse (of rounded form) to offer less catch in the wind. At the top of this apse, there is usually a form of cross or horn that used to stow the cabin on the ground during windy days.

Attribution: ©Marjorie Mercier - PNR Camargue



## The old Bühler cellars and winegrowing in the Camargue (F)

It is at the end of the 19th century. that the Camargue, hitherto dedicated mainly to the cultivation of wheat, turns to the vine. The possibility of flooding the lands via the proximity of the Rhone, allowed from the 1870s, to drown the phylloxera parasite larvae that ravaged the vineyard throughout France. The Camargue vineyard was able to flourish (8000 ha in 1930) as illustrated by the presence of the old Bühler cellars, one of the largest vineyards in the Camargue.

Attribution: ©Chloé Scannapiéco - PNR Camargue



## The Pays d'Arles wine (G)

The vineyard of the Pays d'Arles represents approximately 1,000 ha. Twenty-five winemakers have joined forces in a syndicate and cultivate traditional grape varieties (Grenache, Syrah, Cinsault and Carignan), which they have associated with noble grape varieties (Chardonnay, Sauvignon, Merlot, Marselan, etc.). Some areas are in organic farming or sustainable agriculture. The quest for quality and novelty has resulted in a wide range of quality wines, offering the three colours: red, white and rosé

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## L The road of Santiago de Compostela. (H)

The road to Santiago de Compostela recalls the Apostle James present during the life of Jesus and who would have been decapitated around 41-44. It is only under Charlemagne and Alphonse II the Chaste (759-842) that his tomb is discovered in Galicia, Spain. Many faithful pay tribute to him on this road. The Via Tolosana from Arles is one of four routes that cross France to the tomb of Santiago. Some houses have the emblem of pilgrims: A shell.

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