

## Col Girardin

Ceillac



Vallon du col Tonchet (Benjamin Musella - PNR Queyras)

*A pilgrimage site, the path of Lake Sainte Anne has many alternative routes to the Ubaye or the Lac Miroir.*

Guarded by the peak of Mount Fonte Sancte, the highest point of Queyras, Lake Sainte Anne, very accessible, offers a high mountain atmosphere. Steep walls and rock glaciers adorn this remarkable atmosphere.

### Useful information

Practice : WALKING

Duration : 3 h 30

Length : 10.7 km

Trek ascent : 743 m

Difficulty : Medium

Type : Boucle

Themes : A lookout, a viewpoint,  
Geology



# Trek

Departure : Fond de Chaurionde

Arrival : Fond de Chaurionde

Markings :  GR®  PR

From the car park, go down and turn left, cross a bridge and turn left again. Get on the wide path on the left bank of the stream of the Col du Tronchet. As the trail refines, cross the stream by a bridge and take on a rise in curves.





1 - At point Costes du Col Tronchet (2 164m), turn right on a path that remains levelled, cross the stream again by a wooden bridge and follow the descending false flat. Go around a large mound, and continue to the left.





2 - Exit the forest on a plateau, go around it by the left and follow the last climb to the lake Sainte Anne.

3 - Reach to the lake and turn left on the GR. Take a short climb and continue on the ascending false flat. At the foot of the last climb, go up to the right in the shale until Col Girardin. The same route is used for the return.

# On your path...

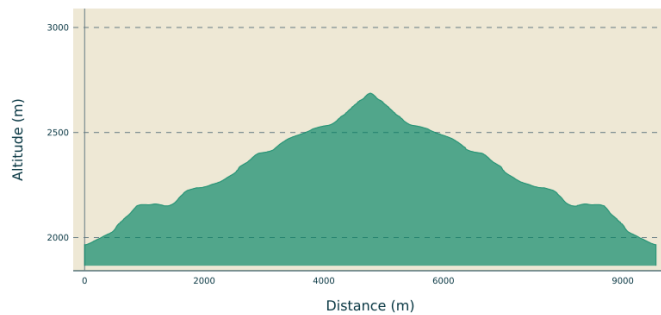


-  The summits of Lake Sainte Anne (A)
-  Fluting (C)
-  Conglomerate (E)
-  Altocumulus lenticularis (G)

-  Sainte Anne Chapel (B)
-  Sainte Anne Lake (D)
-  Rock glacier (F)
-  View going up the Col Girardin (H)

# All useful information

## Altimetric profile



Min elevation 1966 m  
Max elevation 2688 m

## Transports

05 Voyageur: 04 92 502 505 Tourist Office of Queyras: 04 92 46 76 18

## Access

Pass Ceillac and continue until the bottom of the valley.

## Information desks

House of the Queyras Regional Nature Park



3580 Route de l'Izoard, 05350 Arvieux

[pnrq@pnr-queyras.fr](mailto:pnrq@pnr-queyras.fr)

Tel : +33 (0)4 92 46 88 20

<http://www.pnr-queyras.fr/>

OTI du Guillestrois et du Queyras

Maison du Tourisme du Queyras, 05350 Château-Ville-Vieille

[info@guillestroisqueyras.com](mailto:info@guillestroisqueyras.com)

Tel : +33 (0)4 92 46 76 18

<http://www.guillestroisqueyras.com>



# On your path...

---



## The summits of Lake Sainte Anne (A)

In the foreground is the end of the sloping ledge of the Adoux sheep pen. We can make out, in the middle distance, a platform where the Lake Saint Anne is located. In the background, the Pics des Heuvières to the right and the Pic de la Font Sancte to the left overlook the lake.

Attribution : Benjamin Musella - PNR Queyras

---



## Sainte Anne Chapel (B)

The Sainte Anne Chapel faces the lake with the same name. They are also known as the Doux (spring). Pilgrims have been going to the chapel for a long time. The first writing dates back to July 9, 1699. It records the offerings made to stop the drought. The chapel was destroyed in the winter of 1918-1919 and rebuilt. Its blessing was held on July 26, 1921 in front of 500 people.

Attribution : Benjamin Musella - PNR Queyras

---



## Fluting (C)

These erosions in the form of parallel channels are created by the action of water. The water spread out on a surface remains more or less compact as a whole. It will not have a uniform spreading but will form "spots" and remain as a whole as much as possible. On a sloping surface, the water keeps this consistency and flows following the lines. It will gradually dig the limestone along its path. Once the fluting process begins to dig through, the water becomes trapped in this micro furrow and continues its erosion.

Attribution : Benjamin Musella - PNR Queyras

---



## Sainte Anne Lake (D)

Mountain lakes are the result of the action and the moving of glaciers. By moving, the glacier digs the ground. When it comes across a hard rock, the glacier bypasses it. It can go over it and dig through once it passes the obstacle. At the rear, the glacier leaves in front of the hard rocks encountered previously, a basin closed in front by the mountain glacier and in the back by the mountain. These are the glacial lakes. Other glacial lakes exist such as moraines. But this is another story.

Attribution : Benjamin Musella - PNR Queyras



### Conglomerate (E)

The conglomerates are composed of detrital rocks bound by a natural cement. They are composed of different rocks fractured by erosion. These rocks are generally sedimentary (as here) but can also be of volcanic origin. There are various conglomerates. Here its a breach, the rocks are angular. If the stones are pebbles, it is called "pouding" and if angular stones and pebbles are mixed, it is called "tillite".

Attribution : Benjamin Musella - PNR Queyras



### Rock glacier (F)

Rock glaciers are composed of ice mixed with rock debris. They move very slowly. For example, the rock glacier of St Anne moves about 0.34m per year. We can distinguish 3 layers which form the rock glaciers. The top layer is formed of rocky debris, free of ice. This layer, in direct contact with the air, freezes in winter and melts in summer. The core layer is a mixture of ice and debris. The last layer is the rock debris buried by the moving glacier. Here, the rock glacier is covered with the first snowfall.

Attribution : Benjamin Musella - PNR Queyras



### Altocumulus lenticularis (G)

Shaped like a dome, the Altocumulus lenticularis or lenticular cloud appears to be still. In reality, they are indicative of unstable air. Bumping into mountainous areas, a large mass of air rises and causes a partial condensation of the water vapour contained therein. Thus forming a cloud. Once the obstacle is passed, the cloud dissolves. It is therefore in constant movement although it seems still.

Attribution : Benjamin Musella - PNR Queyras



### View going up the Col Girardin (H)

Here, a view of the slope of the Col Girardin at the end of autumn. Before the Sainte Anne valley, under the first ledge, are the lake and the chapel. In the background on the left are the snow-covered massifs of Ecrins.

Attribution : Benjamin Musella - PNR Queyras



- En aucun cas les auteurs des contenus de ce site ne sauraient être tenus pour responsables de problèmes ou d'accidents sur les itinéraires cités.
- Cependant, nous comptons sur vous pour signaler toutes contradictions importantes entre cette fiche et le terrain.
- Pensez également à signaler les éventuels problèmes rencontrés pendant votre balade sur <http://sentinelles.sportsdenature.fr> (erreur de balisage, panneau défectueux, pollution, conflit d'usages...).
- La vente de cette fiche est autorisée au coût d'impression.
- Ne pas jeter dans la nature.

L'outil Geotrek a été financé par l'Union européenne, le Parc national des Ecrins et le Parc national du Mercantour.

Le projet Chemins des Parcs est financé par la Région Provence-Alpes-Côte-d'Azur et les Parcs naturels régionaux des Alpilles, de Camargue, du Luberon, du Queyras et du Verdon.

Ce projet partenarial rassemble également le Comité Régional du Tourisme, les agences départementales de développement touristique, les offices de tourisme et les syndicats d'initiative.

- The authors of this website will in no case be held responsible for problems or accidents on the routes mentioned.
- We count on you to point out any inconsistency between this content and the field itineraries
- Please report any problems encountered on the routes (route marking problems, defective panels, pollution, conflict of uses ...) on <http://sentinelles.sportsdenature.fr>
- The sale of this sheet is authorized at the cost of printing
- Please don't litter

The Geotrek tool was funded by the European Union, the Ecrins National Park and the Mercantour National Park.

The Chemins des Parcs project is funded by the Provence-Alpes-Côte-d'Azur Region and the regional nature parks of Alpilles, Camargue, Luberon, Queyras and the Verdon.

This project was developed in partnership with the Regional Tourism Committee, the departmental tourist development agencies, and tourist offices.

**www.cheminsdesparcs.fr**

*Tours et détours dans les Parcs naturels régionaux  
de Provence-Alpes-Côte d'Azur*

Avec le soutien de

